



World Kindness Day



ACTS OF KINDNESS

Say something nice to a friend

1

Let someone else go first

2

Hold the door open for someone

3

Clean up without being asked

4

Video call a family member you haven't seen in a while

5

Take extra treats to school and share them

6

Write a nice note for your principal

7

Donate food to your local food bank

8

Donate toys to a children's hospital

9

Take supplies to an animal shelter

10

Donate blankets to those in need

11

Make a handmade gift for someone

12

Leave a gift for your mail carrier

13

Donate to your favorite charity

14

Give a hug to someone who needs it

15

Help a sibling do their chores

16

Candy can bomb a parking lot

17

Help an elderly neighbor decorate

18

Make cards to thank Emergency Service workers

19

Bring your teacher their favorite drink

20

Donate warm clothes you no longer need

21

Bring a hot meal to a homeless person

22

Pay it forward at the coffee shop

23

Tell someone you love them

24

Bake Christmas cookies for a neighbor

25

NO ACT OF KINDNESS, NO MATTER HOW SMALL, IS EVER WASTED.

CHOOSE kindness

intheplayroom.co.uk



World Kindness Day



ACTS OF KINDNESS

1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25			

**NO ACT OF KINDNESS, NO MATTER
HOW SMALL, IS EVER WASTED.**

**CHOOSE
kindness**